

YOGA & SCIENCE – B

The right guidance in 'yoga' is of great importance. My advice to all the enthusiasts of yoga is this that they should not venture into this field without the right guidance. Since the field of spiritualism is beset with hazards, the need for right guidance becomes imperative. A reckless move can endanger the incumbent physically, and sometimes destroy his mental stability.

It is important to note that, a yogi can coax his inert body back to life at his own will and re-enter it. This 'life' giving light is actually the light of the soul. The waves of this 'light' which are present in the human body (which is akin to Bramhand) unite with the twin 'Vrittis'-'Mukti' and 'Vasana' (passion). If the rays of the 'light' energy fall only on the region or branch of Vasana -then the 'Jiva' enjoys only the pleasures of worldliness and turns a blind eye to his 'divine self'. On the other hand, when the same light falls on the 'Mukti' branch, the Jiva, begins to explore his hidden spirituality, which ultimately, ushers in his salvation. The cognition of 'Bodhi Tatva' leads him to the state of 'samadhi' - the supreme divine glory.

A 'self illumined' yogi can, there upon enlarge the seeds of his sanskaras and gain information about his 'past life times'. 'Sanskaras' are not destroyed with the mortal, but nevertheless remain with the Atma or the 'Soul'. When the 'light' of 'self' realization falls on the repository of 'Past Sanskaras' it becomes illuminated and the entire history of the yogi's previous births is unfolded before him.

The 'union' of 'Ira Pingla' and 'Sushamna' the three principal nerve currents is situated between the eye brows. The light first travels through this vital 'spot' and then inhabits the 'sukshma mandals', which are also present in the 'Kapal' or the temple. It appears in the form of a luminous streak, almost like a crack, in the 'sukshma mandals'. The instant this light falls on the 'Pinda' the yogi's past 'yonis' are unrolled before him. Even the past memories are revived through the medium of 'Budhi' and 'mind'.

Hence onwards the enlightened yogi can control the movement of this light through the 'Sankalp Shakti'. These physical as well as 'sukshma' activities are, thereafter monitored via the medium of innerself. (mind, Budhi, Chitta and ego. When the yogi begins to control the 'sukshma' activities one by one, the difference between the gross and the sukshma ceases.

Moreover, when the thought vibrations of the 'yogi' fall on the astral plane then the astral which is akin to 'gross', reveals its 'Virat' form and opens its doors to him. There upon, the yogi, can transmit his thought vibrations to any planet of the innumerable galaxies and explore it minutely. The same rays can liberate the soul when they fall on the zone of Mukti or liberation. As a result the Jiva-atma, realizes the 'self'.

Immersed in the inner self-a yogi can bring to light the seeds of his sanskaras by enlarging them. This process gives him information of his previous births in an incredible vividness, sanskaras remain with the Jivatma even in its astral existence. Thus the 'Jiva-atma' cannot free itself from the 'Karmic bondage'. It has to go through the roles of 'Karta' (doer) and Bhogta. When this divine light falls on this 'Karmic well', it illuminates the total past karmas. In this way the yogi can recapture his previous births.

These rays are present in the 'mandals' of the 'astral' (within the gross body) in the shape of a deeply etched third line. The instant, this light falls on the 'Pinda', the past 'Yonis' appear before him in a picture like sequence. When the consciousness reawakens in the 'gross form', the intellect and the mind help in invoking the memories of the past life times. After detaching himself from the Indriya or senses of his gross form, the Mahatma uses his 'Inner light' in monitoring all the physical as well as the astral activities. Mind, intellect, chitta, and ego become the important medium in the execution of this difficult spiritual activity. As a result of this exercise the sukshma or the astral activity begins to have the resemblance of the gross activity.

When the thought vibrations fall on the astral plane of the 'Aakash' which is a glow with the inner light, the astral starts behaving like the 'Gross'. It begins to project 'Virat' and 'Vishal' appearance and opens the Aakash's door to the 'yogi', the 'Yogi' can there upon, transmit his thought vibration to the multitudes of galaxies in the space and survey them minutely with his 'divine sight'. He can survey any living entity in the limitless sky and collect its characteristics.

In the similar manner, he can unveil the mysteries of the 'earth'. The hidden metals can be easily detected by him. Moreover he can easily fathom the mysteries of the known and unknown creatures.

The 'yogi' can gauge the speed of Prana and the flow of the vayu or wind, with the help of the 'Sukshma' Pran's vibrations. He can even see the finest nerves pulsating with life. Ira, Pingla and 'Sushma', are visible to him. All the gods and goddesses who travel in the air are no longer shrouded in the mysterious haze. His sharpened clairvoyance can see all the living creatures which move in the air.

When these vibrations fall on the mandal (the segment) of ego and chitta, the mystery of the three 'Gun' is unlocked. Again, when the same vibrations touch the star of intellect, it gains the total knowledge of the 'Vidhas'. The contact with Ira unfolds the entire mystery of chandraloka where as, the communion with Pingla reveals the darkest secrets of the sun. And "Sushma" unfolds the final glory-the 'Bramhand' and its countless mysteries. Further, through the medium of these powerful light vibrations he can create miracles and astound the world. The slightest heat of this light can awaken the Kundilini or the seprnt power which is dormant within the human body. He can assume any form by virtue of his sankalp shakti (power).

In this context I would like to remind all the scientists of the world that I am a human being and this spiritual state is the gift of many previous births of exalted order which have been spent in the company of celestial humans who are still alive and are five thousand years old. These pure souls continue to frequent my dwellings in astral forms and transmit their vibrations around me. The pure and noble thought vibrations have many a times offered sanctuary to this world wrecked by mindless politicians and saved it from the clutches of total disaster. Mathuradas Baba, Someshwari baba, Avtar Baba, Sarveshranandji, Maha avtar Baba, Nagina Baba, Kashinathji Sundernath Baba, Nikhileswaranand, Hari Baba, Parmandji and many more, are the great souls of the lofty Himalayas. It is important to note that Avatar Baba and Maha Avtar Baba belong to Lord Krishna's period. Lomesh Rishi has the appearance of a hairy bear, Except for his face, which belongs to the pre-Ramayan period. He has many a times witnessed the annihilation and resurgence of this earth. Though this statement may be scoffed at as unbeliev able, but its historical authenticity cannot be doubted.

Whenever I visit the Himalayas, I go to Hari Baba and Baba Gorakhnath to pay my respects. I have also acquired a place in the exalted group of Mathuradas Baba. I had to go through severe tests before I was admitted in the gracious group of the super humans. I have been extremely fortunate to receive right guidance from Mathuradas Baba whenever the need arose.

There are twenty three Mahatamas in this group, and the twenty fourth place has been allotted to me. It is important to note that all these great Mahatamas are present in their 'gross forms'. Two women saints are also members of this group. Mathuradas Baba, is an extremely ancient saint, and can recount the historical incidents of the period 'Mahabharat' and 'Ramayan' with astounding vividness. Maha-avtar Baba, is also another ancient sage who can narrate the story of 'Mahabharata' in great details. He is, infact the famous Guru Kripacharya, Who played the pivotal role in the lives of Kauravas and Pandavas. He still roams around the Himalayas and other places in a variety of guises. He earned different names due to his diverse appearances. Sometimes he assumed the form of Hariya Khan Baba, while on other times, he simply wandered as Maha-avtar Baba. But, the legend of Hariya Khan Baba came to an end, when, one day in front of thousands of 'on lookers', he entered into the water of 'Kali Ganga' and Gauri.

This 'group' generally resides in the 'Pindari Section' of the Himalayas. Sometimes they either converge in the Pindari cave or embark upon marathon aerial journeys to various 'Lokas' and planets. They also try to locate kindred souls and influence them, to return to the 'earth' in 'human forms'.

These great Mahatamas are the sustainers of 'Nature'. To help humanity in distress is the principal motto of their lives. Though they are totally self immersed entities, yet they are related to the different regions of India and keep a watchful eye over these places. Their meditation embraces the entire human kind and they shower benediction on the human race. Many a times they even steer the course of events to create congenial situations for the human kind. The gods also reach out to them for advice. In a diplomatic manner they transmit their thought vibrations to human beings and solve complex situations.

I have twice participated in these altruistic gatherings. The exalted mahatamas of these gatherings are endowed with extraordinary spiritual powers which help them even in interfering with the constellation of 'stars'. A slight readjustment in the constellation of stars can change the sequence of future happenings. Man often consults the stars to assess his life pattern and adopt measures to prevent possible crises. The categories of 'Good' and 'Bad' are prepared according to the governing stars. Due to the powerful unavoidable influence of stars, human beings project their innate tendencies of either animals, or birds. The unexpected changes in the behaviour of human beings are wrought by the variable influence of the stars. Sometimes, these stars can cause total holocaust in this world by forming configuration of threatening nature. But, the intervention of the Maha-Purush's have minimized the baleful effect of the stars. For example the panic stricken warning of the astrologers never came true, and the ominous clouds of war faded into the background. A messenger of peace suddenly appeared on the scene and helped in dissolving the crisis. Such instances only force men to wonder at the unseen help which has often resolved critical issues. The mysterious help only indicate the presence of the superior human beings who are silently helping 'man' in his predicament. But how long can this help continue? Man can not always run away from the consequence of his actions. One day he has to confront the result of his indiscretion. Whenever man's evil designs and tyranny have created a havoc, the retribution of 'Nature' has befallen him. Even 'Nature' is tortured by the excesses of mankind. And the 'ache' of 'Nature' has wrought strange changes in the atmosphere. These 'changes' are responsible for creating a certain possible pattern of event in the 'space', which eventually causes natural calamities.

Today, such is the configuration of stars that the possibility of another world war cannot be ruled out. All the events of the modern world are precipitating the tension and the volcano of war will burst very soon.

In the year 1983, world will experience the first twinge of difficult times, and this situation will persist for total sixteen years, but during this period, couple of exalted souls will come to this world in human incarnation as messengers of 'peace'. Their coming will alleviate human misery considerably, and, usher in a new era of 'peace'. And India, will once again emerge as an harbinger of peace and fraternity.

'Tibet' will be liberated in the first stage of war, and India will regain barring few regions, former physical topographical status. The war will begin from the 'East' well as the 'West'. All the speculation about Russia and America will come to nought. Due to the unexpected turn of the war, nations like China, Russia, America and couple of Muslim countries will receive a serious jolt. 'Probabilities' will create such situations that America and Russia will join hand and 'China' will give a dangerous turn to the 'war'. Consequently, a large section of China and industrial towns will be destroyed. America and Russia's major cities and scientific establishment will also be destroyed by the raging fire of war. But the religious status of 'Jews' will be restored. The war will take place in stages, it will not be a continuous affair. At one stage it will take an extremely ugly shape, when one human being will mercilessly pounce upon another human being. Nature will never forgive man for his inhumanity and unleash its wrath in the form of calamities. A large portion of Japan, some portion of Arab countries and the coast of Panama will be swallowed by earth. All the signs of its existence will be wiped out, and only ravaged land will remain. 'Earthquakes and 'Volcanoes', will from time to time jolt human race powerfully. And the result will be the destruction of countless human lives. Alps, some regions of the Himalayas and 'Hindu kush' will be roughed up by the earthquake. Some significant changes in the north and south poles will occur and man will begin to inhabit the desolate icy areas. The world will suffer immense losses during these sixteen years. Even all the scientific discoveries will fail to stall the dance of death and destruction. When the atmosphere of despair and helplessness will reach its height, the great souls of the Himalayas will intervene. They will make some chosen men as their medium send them to the world to start the process of peace and rebuilding 'India' emboldened by the support of the celestial beings will play the role of the Messiah of 'Peace'.

India will neither become the focus of war nor participate in the ruthless drama. Israel and Arab countries will fight with tremendous fury. Russia and America will fight from both the sides. Finally Israel will emerge as the victorious nation. China will make use of most forbidden, 'Nuclear weapons', and lose sympathy of all the nations. It will be boycotted by them and become the victim of their wrath. With the result, China will be grievously scarred.

If mankind wants to avert the impending dangers of war, it should learn to absorb the positive, vibrations of the great men of the Himalayas. A new perspective can emerge from the various scientific inventions if the guidance of the Mahatamas is sought. These exalted men are capable of performing feats of incredible nature. They can even stall the dark flux of thoughts, and change the thinking processes of the political leaders of the world. Thus, clouds of war which are looming over the horizon of the world can be pushed into oblivion.